Heather Antoine

[Type your address] ⦁ [Type your phone number] ⦁ [Type your e-mail address]

**jaydon solomon antoine**

**123 Rae –Marie Street, Sesame Street, Preysal Village, Couva**

**objective**

A diligent , dependable and focused individual, heavily involved in track and field

athletics currently looking to garner experience as a part-time employee at an

entry level position.

**DATE OF BITRH**

December 1, 2000

**EDUCATION**

2013 – 2018 : Academic College of Excellence ( awaiting CESEC results)

2008 -2012 : Preysal Government Primary Schoool

2005 – 2007 : St. Crispins AC School

**SELECTED HIGHLIGHTS**

* Bronze medalist in the 2017 Flow Carifta games in Curacao in the Boys

under 20 Long Jump event.

* Represented Trindad and Tobago in the 2018 Flow Carifta games in

Bahamas in Boys under 20 Long Jump event.

* Active entrant in track and field meets hosted by the National Association

of Athletics Administration.

**SKILLS**

* Verty articulate and able to communicate well with people at
* all levels.
* Dedicated and willing to work hard to achieve the desired

objective.

* Affable nature and able to lead

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**HOBBIES AND INTEREST**

* Current member of the Couva Police Youth Club
* Current athlete of the Neon Wolves Athletic Club

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**ACHIEVEMENTS**

* Certificate in Etiquette and Fine dining
* Certificate in Personal Development
* Certificate in Swimming
* Certificate in Basic Culinary

**reference**

**WYNETTE JACKSON**

**MANAGER AT SERENITY SPA**

**CHAGUANAS**

**Tel: 390 - 8913**